

Appendix I

## HKASO Activities Summary 2008 - 2009

Date	Activities	Remarks
<b>1 April 2008</b>	HKASO (represented by Dr CC Chow) was invited by Department of Health to continue as Steering Committee member of the EatSmart@school and the EatSmart@restaurant programs – both are important initiatives from our government to combat and prevent chronic non-communicable diseases	Ongoing long term commitment between government, academics and NGOs
<b>1 April 2008</b>	Received 4 sponsorships amount to a total of HK \$32,000 from 4 partnership companies to enhance the function of our website, and to develop it as a platform to disseminate proper messages on obesity and related disorders and to educate the general public	Better refinement and enhancement of the function of our official website <a href="http://www.hkaso.org">www.hkaso.org</a>
<b>23 April 2008</b>	Ms Lorena Cheung, representing HKASO, attended a closed meeting with the US Consulate concerning the need to repack various food products in HK in order to fit in the HK Government’s format on Nutrition Labeling.	We put up our strong agreement of “no exemption for products with any medical or health claims”
<b>30 April 2008</b>	3 <sup>rd</sup> letter to Panel on Safety and Environment Hygiene, Legislative Council expressing our further comment on the Labeling Scheme on Nutrition Information	Acknowledgement received
<b>1 May 2008</b>	7 <sup>th</sup> Newsletter published	Very well received

<b>14-17 May 2008</b>	Prof Stanley Hui, nominated by the Council, to attend the 5 <sup>th</sup> European Congress of Obesity at Vienna, Austria	Representing HKASO to attend the AGMs of IASO and AOASO as well
<b>7-8 June 2008</b>	Hosting of 1 <sup>st</sup> Asian Obesity Summit supported by Abbott International.	The lecture was well received by around 100 professionals from all over Asia-Pacific Regions with enthusiastic discussion
<b>21 June 2008</b>	4 <sup>th</sup> Annual General Meeting, followed by annual dinner	A total of 15 members attended the meeting. It was an excellent opportunity for the members to exchange ideas and plan new activities in the forth-coming year
<b>1 August – 19 September 2008</b>	Eight education articles on Obesity published in Sing Tao District Column; and then uploaded to our official website	Good comments received from media and general public
<b>25 - 28 September 2008</b>	The annual scientific meeting of HKASO was successfully held on 27 September 2008 as part of the Three and a half day program of the 6 <sup>th</sup> Congress of the Asian Pacific Society of Atherosclerosis and Vascular Disease & the 10 <sup>th</sup> East Meets West Symposium (EMW) in the Hong Kong Convention and Exhibition Centre. The HKASO Symposium with speakers from Hong Kong, Singapore and Canada were all well-received with excellent response from the audience	A three and half day medical congress. Well attended by more than 1000 local and international participants
<b>November 2008</b>	“Diabetes Awareness Program” with public talk, press conference and surveys on the importance of relationship between central obesity and diabetes	Good coverage by the media

<b>13-16 November 2008</b>	HKASO as one of the supporting organizations of the International Conference on Childhood Obesity hosted by the Department of Sports Science and Physical Education, the CUHK. Dr CC Chow also delivered one of the Keynote presentations entitled "Medical Consequence of Childhood Obesity – Local Scene"	The Conference was attended by close to 200 participants with one third from overseas.
<b>22 December 2008</b>	8 <sup>th</sup> Newsletter published	Very well received
<b>December 2008 – January 2009</b>	Dr KF Lee, representing HKASO, appeared on a show in NOW TV educating general public on the health issue related to Diabetes	Well received with enthusiastic Q&A
<b>11 January – 8 March 2009</b>	5 <sup>th</sup> Certificate Course in Obesity and Weight Management – A 2 3-hour symposia and 2 4-hour workshops training and education course jointly organized with Hong Kong Foundation for Research and Development in Diabetes, CUHK	Very well received training course for health professionals. More than 50 participants
<b>24 February 2009</b>	Dr TC Ko was invited to present a lecture entitled "Central obesity in Hong Kong: Increase in burden and decrease in cutoff" in the 10th China International Academic Congress on Obesity (CIACO), organized by the China International Slimness and Fitness Association.	Well attended by more than 500 local and overseas delegates