

Appendix I

HKASO Activities Summary 2010 - 2011

Date	Activities	Remarks
1 April 2010	Active participants of various initiatives and programs related to EatSmart@school and the EatSmart@restaurant programs – both are important initiatives from our government to combat and prevent chronic non-communicable diseases	HKASO (represented by Dr CC Chow) continued as Steering Committee member of both programs initiated by Department of Health
12 April 2010	A Scientific Symposium on "New insight on the management of obesity" organized by HKASO at Stamford Intercontinental Hotel, TST. We are grateful to have Prof. Ian Caterson from University of Sydney, Australia, as our guest speaker	Attended by around 40 endocrinologist and scientist with very enthusiastic Q&A
4 May 2010	11 th Newsletter to all members was published	
8 May 2010	Partnership with HKMA, HKDU, HKASMSS, HKAPMH, HKPA to participate in "Exercise is Medicine" project in Hong Kong aiming at promoting spontaneous exercise habit for the community	
7 June 2010	A Scientific Symposium on "Role Of Insulin In Overall Diabetic Management" organized by HKASO at Royal Park Hotel, Shatin We are grateful to have Prof. Geremia B. Bolli, Professor of Medicine and Director of the Internal Medicine and Diabetes Clinic, University of Perugia, Italy as our guest speaker	Attended by over 30 endocrinologist and scientist with very enthusiastic Q&A

7 June 2010	HKASO was officially approved as a non profit making charitable organization on 7th June 2010.	A milestone for HKASO to better serve our professionals and the community
12 June 2010	6 th Annual General Meeting, followed by annual dinner at the Lei Garden Restaurant at New Town Plaza, Shatin	A total of 13 members attended the meeting. It was an excellent opportunity for the members to exchange ideas and plan new activities in the forth-coming year
1 – 2 October 2010	The annual scientific meeting of HKASO was successfully held on 1 October 2010 as part of the 12th East Meets West Symposium (EMW) in the Hong Kong Convention and Exhibition Centre. The HKASO Plenary Lecture was delivered by Prof Anoop Misra from India on “Obesity and metabolic syndrome in developing countries”. This was followed by the HKASO Symposium in which three lectures were delivered, namely “The role of psychosocial factors in the pathogenesis of obesity” by Dr Gary Ko; “Types of fat and energy homeostasis” by Dr Peng Li from China as well as “Non-alcoholic fatty liver disease” by Prof Vincent Wong from CUHK, HK	A one and half day medical congress. Well attended by more than 700 local and international participants
21 November 2010	Being one of the organizers of the Cholesterol Awareness Campaign, HKASO has been working hand in hand with the Cholesterol Management Working Group, as well as our partner organizers, namely Care For Your Heart and Hong Kong Specialist Medical Association, to promote the health education in a series of road show and public talk. Dr June Li representing HKASO delivered a public talk in Kwun Tong on 21 Nov 2010.	Over 200 attendances with very enthusiastic discussion
1 December 2010	12 th Newsletter to all members was published	

9 January – 6 March 2011	6 th Certificate Course in Obesity and Weight Management – A 2 3-hour symposia and 2 4-hour workshops training and education course jointly organized with Hong Kong Foundation for Research and Development in Diabetes, CUHK	Very well received training course for health professionals with more than 30 participants
10 March 2011	HKASO Evening Symposium – on 10 March 2011, Prof. Lawrence A Leiter, from Department of Medicine and Nutritional Sciences of University of Toronto, Canada, came to Hong Kong and shared this science symposium entitled “Comprehensive glycemc control: the role of incretin and DPPIV inhibitors”. His informative lecture and discussion was followed by an informal dinner	Over 100 attendances with very enthusiastic discussion